

## Black Bean and Avacado Salad



2 tsp lime juice  
2 tsp olive oil  
¼ cup cilantro leaves  
1 jalapeo pepper  
1 clove garlic, finely minced  
½ tsp salt  
Stevia (equivalent of ¼ tsp sugar)  
2 cups cooked black beans, rinsed and drained  
1 ½ cups thinly sliced cucumber  
½ cup diced red onion  
1 diced tomato  
2 avacados, pitted, peeled, and diced  
Shredded lettuce (not iceberg lettuce)

- Process lime juice, olive oil, jalapeño, garlic, salt and stevia until smooth.
- Mix beans, cucumber, onion, tomato and cilantro leaves.
- Toss with dressing and avocado just before serving on a bed of shredded lettuce.